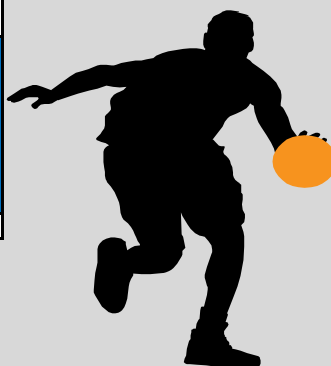




SBRC Gym Schedule

November 2 - 22

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Open Gym 6:00-9:30	Open Gym	Open Gym 6:00-9:30	Open Gym	Open Gym 6:00-9:30		
6:30am		Bootcamp 6:30-7:30		Bootcamp 6:30-7:30			
7:00am		Complete Conditioning 7:30-8:30		Complete Conditioning 7:30-8:30			
7:30am							
8:00am		Drop-in Total Body Fitness 8:50-9:50	Drop-in Total Body Fitness 8:50-9:50	Drop-in Total Body Fitness 8:50-9:50	Drop-in Total Body Fitness 8:30-9:30	Drop-in Adult Basketball 8:00-11:00	
8:30am							
9:00am		Gym Jam 9:30-11:30	Open Gym 9:50-11:30	Gymnastics 9:30-11:15	Open Gym 9:50-11:00		Gym Jam 9:30-11:30
9:30am							
10:00am							
10:30am	Open Gym	Drop-in Adult Basketball 11:30-1:30	Drop-in Adult Basketball 11:00-1:30	Open Gym	Drop-in Sprts Conditioning 12:00-1:00	All Ages Bball 11-12	Open Gym 11-5
11:00am							
11:30am							
12:00pm	Drop-in Sprts Conditioning 12:00-1:00	Drop-in Pickleball 1:30-3:30	V-Ball 1-4 until 11/18	Drop-in Pickleball 1:30-3:30	Open Gym 1:00-3:30	All Ages BBall 12-5	Youth Volleyb all 12:00- 4:45
12:30pm							
1:00pm							
1:30pm							
2:00pm							
2:30pm							
3:00pm							
3:30pm							
4:00pm	All Ages Basketball 3:30-5:00	Expa nd 4-5	Gymn astics	Open Gym 3:30-6:00	All Ages Basketball 3:30-5:00		
4:30pm							
5:00pm							
5:30pm	Open Gym 5:00-6:15		Open Gym 5:00-6:00	Coed Dodgeball 6:00-9:00	Open Gym		
6:00pm							
6:30pm							
7:00pm	Women's Basketball 6:15-9:00	Men's Basketball League 6:00-10:00	Men's Basketball League 6:00-10:00		Badminton 5:45-7:45		
7:30pm							
8:00pm							
8:30pm							
9:00pm							
9:30pm							



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to <http://www.boulderparks-rec.org>